## The WFC Flyer - August 2014



## **Important Dates**

## **General Meeting**

August 14, 2014 7:00 PM Clubhouse

#### **Board Meeting**

September 4, 2014 7:00 PM Clubhouse

#### **General Meeting**

September 11, 2014 7:00 PM Clubhouse

## Club Officers

#### President

Randy Christian president@williamsonflyingclub.com

#### Vice President

Jack Fuller

vice-president@williamsonflyingclub.com

#### **Treasurer**

Bob Herloski

treasurer@williamsonflyingclub.com

#### **Secretary**

Steve Murray

secretary@williamsonflyingclub.com

#### Past President

Joe Ebert

ebert past president@williamsonflyingclub.com

#### **Directors**

### Mike Shippers

director-2012@williamsonflyingclub.com

#### Tom Henderson

director-2013@williamsonflyingclub.com

#### Dick Swingly

director-2014@williamsonflyingclub.com

# Monthly HANGAR FLYING SAFETY Meeting, Fulton, NY 20 Aug 18:30 0.5 credits

FAA Safety Magazine - Flying Compainion's Guide to GA

## From the Presidents Desk Randy Christian

This month I want to take time to first say a great big thank you to everyone that helped make the annual summer picnic such a huge success. As we all know, Jake and Deloris put on a great weekly lunch. Thanks to all their efforts and our hungry bellies, we were greatly rewarded with this fine event. Job well done!

It did my heart good to see so many competitors at the flour bombing/spot landing contest as well. It's great to see this event grow each year!! This year, Mike enhanced our experience by adding a much more visible target area as well as some streamers for greater visibility upon launch. If you've ever thought about taking the challenge, give it a try next time - it's really a lot of fun. Thank you Mike for putting this event together.

Lastly, speaking of a challenge, my wife & I have talk many times about doing the Niagara Falls (see picture at end of newsletter) scenic flight. We have always put it off for one reason or another. Last week we wanted to go flying after work and we wanted to do something different, but what to do? We decided it was the right time to go ahead and give it a try. We figured mid-week, afternoon, good time to give it a try as it shouldn't be too busy. Wow were we ever rewarded for our efforts. First, the flight itself is just plane simple.... yes play on words there. Flight Following out of ROC, handed off to BUF and then to the circuit. Just beautiful is all I can say. My daughter, who HATES to be in the plane, was actually excited and commented 'That is COOL' and took pictures with the cell phone! I would highly recommend it to anyone!!!

Again, don't be afraid to challenge yourself. Research your flight and always be prepared and flexible no matter how long the flight is. If you do these things, then you will have much success and enjoy every flight.

## Flight Rx Hepatitis C by Dr. Pam Tarkington

Some of you may be wondering why your doctor is asking you if you want to be tested for hepatitis C. In New York State it is now required that you be offered this test if you were born between 1945-1965. In the US, 75% of those with Hepatitis C were born during this time frame.

Should you be tested? Definitely if your birth date is in this time frame. In addition those with risk factors: those that inject illicit drugs ( or did so previously), long time dialysis, abnormal liver tests, blood transfusion before 1992, all with AIDS/HIV, intimate contact with those with hepatitis C, children born to HIV mothers and those with possible infection (needle stick of health care providers or public safety officers), those who received a transplant, cocaine uses (snort), tattooing, body piercing and multiple sex partners. Testing involves only drawing a blood sample to see if you have been exposed to this virus. If this is positive you will require additional testing.

Hepatitis C is a virus that affects the liver. Many times our body defenses get rid of this and we don't even know we had the infection. An acute form can consist of fever, chills, joint pain, gastrointestinal pain, upset stomach, nausea and vomiting. The patient may become jaundice (yellow eyes and skin) and have dark urine and light colored stool. Many patients think they have the flu. Also there may be no symptoms with chronic infection.

If the disease becomes chronic it can lead to cirrhosis, liver cancer and death. In 2010, 17,000 deaths were due to hepatitis C. It is estimated by the CDC that in New York State alone 200,000 have hepatitis C infection and 75% of those don't know they have it. The CDC estimates that in the US there are between 2.5 to 4 million people with hepatitis C.

There are several treatments available for hepatitis C

FAA: The use of interferon alpha or the use of a pegylated interferon alpha is unacceptable for treatment of Hepatitis C as it can cause seizures and depression.

#### Headliners

Welcome to our newest members:

• Lincoln Wainwright – Rochester, NY

We are obtaining a new supplier for fuel which will help keep prices down.

Bird Netting has been approved for the Open Hangers. Work will begin in the fall, stay tuned.

The FAA has released proposed rules for the <u>use</u> <u>of Airport Hangers</u>. This may impact our hanger contracts, comments due to FAA by September 5<sup>th</sup>, recommended read for hanger owners.

# Member Profile by Tony Alesci

## Meet Mr. Randy Christian:

Randy joined the WFC in 2006 and has been an active member to say the least. More on that in a minute. Randy started flying lessons in Canadaigua and finished his training at Rochester in 2000. He's logged 350 hrs in various 172's,152's and all of our aircraft. His favorite flying is x country, about 135 hrs of it so far including a trip to Fla. in 2012. Randy is an IT tech at Paychecks (30 yrs.).



To Quote Randy "I love this club". His participation in the club makes that obvious. Whether it's stripping 1DT, manning a booth at wings, grill set up, clearing trees, etc. he's there if he can be. Randy served as VP for 2 yrs. and is our current president. The guidance,projects,activities,long term airport, and long term aircraft committees are all his ideas.

Thank You Mr. president.

Niagara Falls by Kim Christian



The minimum altitude for VFR flight over the Scenic Falls area is 3,500 feet MSL. The following procedures are mandatory for flights over the area:

Fly a clockwise pattern; Do not proceed north of the Rainbow Bridge; Prior to joining the pattern, announce intentions on 122.05 Mhz, giving altitude and position, and monitor the frequency while in the pattern; Use the Niagara Falls airport altimeter setting. Do not exceed 130 knots.

