



November 17, 7:00PM, <u>Annual Utica – Rome Safety Seminar</u>, <u>SUNY Institute of</u> <u>Technology</u>, Registration required.

Important Dates

General Meeting

November 10, 2011 7:00 PM Clubhouse

Board Meeting

December 1, 2011 7:00 PM Clubhouse

Club Officers

President

Duane Sims dsims2025@aol.com

Vice President

Chris Karpenko christopher.j.karpenko@usps.gov

Treasurer

Bob Herloski herloski@rochester.rr.com

Secretary

Bob Cournoyer rcourno999@aol.com

From the President

Cold weather operations

If you haven't already please review cold weather operations for the club aircraft.

Snow removal preparations are underway for the maintenance of the airport. Mowers have been put away for the year, with snow blowers and plows being readied and positioned for use when the time comes. One new piece of equipment that will be in service this year will be a rear mounted snow blower on the back of the John Deere tractor. This was a result of a trade that was made for the front mounted snow blower that we had previously. The front mounted snow blower hampered the full capability use of our tractor. With the rear mounted snow blower, it allows the tractor to continue to make use of its front loader and pusher blade.

The search for a replacement Piper 140 continues.

The Cessna 150 has been placed on the open market for sale. The ad can be found on <u>barnstormers.com</u>. The Cessna 150, 62U is still available to club members if interested.

New Airport Manager and Buildings and Grounds Coordinator

Please welcome Mike Bjerga as the new Airport Manager and Denny Shaw as the Buildings and Grounds Coordinator. Mike has served as one of our instructors, FAA Safety Team (FAAST) Representative, Maintenance Team Lead providing oversight of preventive and unscheduled maintenance tasks on club aircraft, and is an active part of our airport operations serving with our mowing and plow crews in recent years.

Denny Shaw was appointed as the Buildings and Grounds Coordinator. Denny has been a volunteer with good knowledge of airport operations who frequently participated in serving with the mowing and plow crews. Both Mike and Denny will be working together along with the many talents of member volunteers to get tasks done in and around the airport.

Please take a moment to congratulate Mike and Denny on their new assignments.

Directors

Bill Bach bbach@frontiernet.net

Tom Henderson thenderson@nye-tech.com

Jake DeGroote degrootewill@aol.com

Secretary's Note

Hangar and tie down leases for 2012 will be distributed this month. To save on postage this will be done electronically. Hard copy version of the lessees will be available in the club house for those who prefer pen and ink.

Guidelines for lessees will also be made available and the rates will remain at 2011 level. The leases are to be returned to <u>Bob Cournoyer</u> (signed PDF's), the "secretary's box" in the club house, or mailed to WFC.

Flight Rx by Dr. Pam Tarkington

SHOULD YOU GET A FLU SHOT?

The answer, without question, is yes; unless of course, you are allergic to it or to eggs.

The three strains used this year are the same as last year.

Influenza is a disease that visits our country (and many others) each year. The severity will vary with the different strains. Each year it affects 5-15% of people (about 60 million people). About 50,000 die each year. This is a winter illness that causes about 200,000 hospitalizations each year (there are more hospitalizations among the elderly - plus there are more deaths in the elderly). Those with certain underlying illness (emphysema, diabetes, heart disease, etc) have a greater risk of death. By 2030 the number of those > 65 will be about 20% of the total population – hence these will be a great deal more people with influenza.

As of last year we were able to vaccinate 2/3 of those 65+ (much better than just a few years ago). However, with age, the vaccine looses some of its effect: the immune system of the older person just is not as good as that of a 20 year old.

There are still real benefits of the flu vaccine: hospitalization rates are less, and it reduces mortality from all causes.

Influenza is primarily a respiratory disease but it also affects other organs. Being vaccinated can reduce your chances of complications of heart disease, diabetes, stroke, etc and of course respiratory disease (like pneumonia).

The CDC recommends that all persons over 6 months old should be vaccinated each year for influenza. After one is vaccinated it takes about 2 weeks for immunity to be present. The flu season, in this country, peaks in February.

There is a higher dose of flu vaccine for those over 65 that hopes to make up for the decreased immune response.

It is not totally effective but somewhere around 59%. Still it is the best that we have - so yes, you should be vaccinated.