

WILLIAMSON FLYING CLUB

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# Important Dates: General Meeting

May 10, 2007 7:30 PM at the Clubhouse

## **Board Meeting**

June 7, 2007 7:00 PM at the Clubhouse

#### Pancake Breakfast

Setup: Saturday May 19

Breakfast: Sunday May 20

# Breakfast Co-Chair Meeting

Just a reminder we will be meeting this Thursday, 6:00 P.M. at the Club House.

This is our last meeting before the Breakfast. Please respond if you are unable to make it.

## Thanks,

- Bill Bach



"I fly because it releases my mind from the tyranny of petty things  $\dots$  "

— Antoine de Saint-Exupéry

May, 2007

# From the President by Pam Tarkington

# **Community Involvement**



**Girl Scouts**.

As many of you know, on April 21st, 2007, the Williamson Flying Club sponsored a day for boy scouts and girl scouts to earn their aviation badge.

Thanks to all club members who participated. More than anything else, it

brought club members out for a united project. Besides that, it was great

for community relations. In addition, hopefully, it introduced a lot of

young people to aviation. My most sincere thanks to all who helped - and,

there were many of you.

#### Pancake Breakfast



Our next big project is the Breakfast on May 20th. An article detailing

that weekend's activities is below this one. See you there!



The next event will be a Wings Program on June 16th. Bob Frantagelo is heading this up. There will be three or four topics pre-

sented. It will be open to the public. Lunch will be provided free to WFC members and guests will pay a nominal fee. You'll soon hear about the speakers and their topics.

## **Chicken Barbeque**



On August 5th, we will have our first chicken barbeque. I realize that we have asked

you to participate in the Pancake Breakfast, but let's come together again for this project. All monies raised go to debt reduction.

Thanks again to all!

Pam

# Pancake Breakfast

Our Breakfast is just around the corner! This year our hours will be 7:00 A.M. to 2:00 P.M. Setup will be Saturday, May 19th, which will feature a Chicken Barbeque prepared by Corky and Marylu Schoeneman. On Sunday the 20th, member parking will be in the regular parking area behind the Club House and maintenance hangars. Members should enter the Airport from Rte. 104 as usual. At 6:30 that entrance will be closed to all traffic and you will have to enter from Centenary Road. Our parking staff will be on hand to assist.

When you arrive, check in at the Club House for your assignment and, if you do not have one, pick up your name tag. Jim Wilkinson will be in charge of the relief crew.

We need an all-out effort to make this event a huge success! I look forward to seeing you there.

Bill

# Flight **R**, by Dr. Pam Tarkington

### "I passed my flight physical - so I'm healthy" - Maybe other health factors such as exercise, nutri-Not!

The above quote is a misguided assumption on the part of many airmen and air-

women. The FAA physical is a very abbreviated version of what a complete physical examination by your personal physician should be.

It is of the utmost importance that each one of you has a personal physician - if that is also your AME all the better. But, let's face it, normally the airman sees the AME every I to 3 years (every 6 months for a 1st class). In

that time span you really cannot

get to know the doctor that well - nor can the doctor really know you. And, to be truthful, many pilots will try (foolishly) to withhold certain medical symptoms from the AME so as not to jeopardize their medical.

As opposed to the aviation physical, in a regular physical examination, the doctor will ask you about your family history (any diseases in your family) social history including your occupations and environmental exposures, and smoking, drug and alcohol use, as well as any health concerns that you may have. You will be asked about your prior health history as well as any medication that you may be taking. Allergies will be discussed as will

tion etc. The examination will be more extensive, including a PAP smear in females and a rectal and genitalia exam in males. A com-

plete blood chemistry profile as well as an EKG will be obtained. This is normally not done by your AME as it is not required except in certain circum-

stances.

Your personal physician will make sure that you are up to date on your tetanus inoculation and if appropriate your pneumonia and flu shots.



If you are a female, a mammogram will be ordered at appropriate intervals. A GYN examination will be performed if you do not have a gynecologist. Starting at age 50 a male will have a PSA obtained to check your prostate. You may be advised to have an immunization against shingles if appropriate and

certain females will be advised to be vaccinated against HPV. ( By the way, in the future, this may include males).

In short, do not depend on your FAA physical alone - have regular check-ups with your personal physician.

And, most important, if you should become ill, you will have someone who knows you well and be there to help you.

# Treasurer's Report by Robert Herloski

## Historical and Year-To-Date Usage of 55F and 42R

	2007				2006				2005				2004			
Month	55F		42R		55F		42R		55F		42R		55F		42R	
	hrs	cumul.	hrs	cumul.	hrs	cumul.	hrs	cumul.	hrs	cumul.	hrs	cumul.	hrs	cumul.	hrs	cumul.
Jan	3.26		4.45		3.25	3.4%	7.06	4.8%	0.85	1.0%	6.13	5.3%	1.45	0.8%	-	0.0%
Feb	6.41		-		1.83	5.3%	3.65	7.2%	-	1.0%	11.22	14.9%	13.65	8.4%	-	0.0%
Mar	11.57		6.67		10.30	16.0%	18.16	19.5%	-	1.0%	11.02	24.4%	9.13	13.8%	-	0.0%
Apr	18.35		8.22		12.85	29.4%	13.49	28.7%	7.67	10.3%	17.55	39.4%	19.52	24.5%	17.26	12.0%
May					2.00	31.4%	14.25	38.3%	9.68	22.0%	6.05	44.6%	1.50	25.3%	9.47	18.5%
Jun					7.93	39.7%	18.41	50.8%	7.93	31.8%	26.84	67.7%	21.11	37.1%	34.41	42.4%
Jul					20.83	61.4%	13.31	59.8%	17.19	52.3%	10.51	76.7%	31.86	54.9%	31.70	64.4%
Aug					13.99	75.9%	15.85	70.5%	20.92	77.8%	-	76.7%	17.89	64.9%	15.67	75.3%
Sep					15.22	91.7%	9.17	76.7%	7.44	86.6%	4.37	80.5%	16.05	73.9%	13.07	84.3%
Oct					2.43	94.3%	8.42	82.4%	4.42	91.9%	3.49	83.5%	28.54	89.9%	9.90	91.2%
Nov					2.92	97.3%	10.06	89.2%	4.72	97.6%	12.04	93.8%	9.78	95.4%	9.05	97.5%
Dec					2.60	100.0%	15.97	100.0%	1.98	100.0%	7.22	100.0%	8.30	100.0%	3.65	100.0%
Total					96.15		147.80		82.80		116.44		178.78		144.18	
Jan-Apr	39.59		19.34		28.23		42.36		8.52		45.92		43.75		17.26	